

#### PREPARING FOR TRAINING

# ☐ Check your shipment

- Did you receive your t:slim X2™ insulin pump, infusion sets, and cartridges?
- If you are missing any supplies (other than Dexcom supplies—see #4 below), please contact your distributor or Tandem Diabetes Care at (877) 801-6901 and select the option for "ordering pump supplies or accessories" to ensure that you receive your supplies prior to training.

### ☐ Check your insulin supply

Do you have a new, full vial of Humalog or NovoLog U-100 rapid-acting insulin? If you
only have insulin pens, speak with your healthcare provider to see if you should have
your prescription changed to vials.

## ☐ Download the t:connect® mobile app

- 1. Go to the App Store or Google Play™ store and search for "t:connect mobile"
- 2. Once it is downloaded, open the app and create a t:connect account
- 3. After account creation, you will need to pair your phone to the pump. For step-by-step instructions on pairing, click this <u>Quick Reference Sheet</u>. Additional resources for our mobile app can be found on the <u>Support Section</u> of our website.
- 4. Bring your t:connect account username and password to your training appointment. Keep them secure.

NOTE: In order pair the pump to the mobile app, you will need to turn the pump on. After pairing, we recommend putting your pump back in storage mode (i.e., turning it off), since it is designed to alarm you when it is not delivering insulin. To place your pump in storage mode, follow the steps in this video, or see the instructions at the bottom of this document.

# □ Dexcom G6 Continous Glucose Monitoring (CGM) – Disregard if not using a Dexcom CGM

- Do you have your Dexcom G6 supplies? If you are new to CGM, we highly recommend
  you start your Dexcom sensor prior to your Tandem pump training. For help getting
  started using your Dexcom CGM, visit <a href="dexcom.com/dexcom-care">dexcom-care</a>. Always consult your
  healthcare provider before starting new therapies. For questions about ordering Dexcom
  supplies, please visit <a href="dexcom.com">dexcom.com</a> or contact your distributor.
- Write down your Transmitter ID to facilitate connecting an active CGM session to the pump during training.

### T:SIMULATOR APP

To familiarize yourself with your pump's interface prior to training, we recommend downloading our free t:simulator™ app. If you have an iPhone, iPad, or Android device, search the App Store or Google Play for "t:simulator" or text DEMO to 826336 for a link to download the app. The t:simulator app will allow you to practice everything you can do on your pump except for loading a new cartridge and filling your infusion set tubing.



### HELPFUL EDUCATIONAL VIDEOS AND MATERIALS

Tandem has an extensive library of support materials on our website, including many instructional videos. Feel free to browse them as you prepare for your training, or for a refresher afterwards. tandemdiabetes.com/support/product-training

### WHAT TO BRING TO TRAINING

- Your two t:slim X2 pump boxes, one containing the pump and the other its accessories
- Full vial of room temperature Humalog or NovoLog U-100 rapid-acting insulin
- 2-3 cartridges with syringes and fill needles (all 3 pieces are in the cartridge box )
- 2-3 infusion sets
- t:connect account username and password
- Your smartphone with the t:connect mobile app installed
- t:slim X2 insulin pump user guide
- Your Dexcom G6 CGM System (if applicable)
- Alcohol swabs or skin prep wipes
- Blood glucose meter and strips
- Snacks as needed

### **SUPPLY REORDERS**

If you haven't already, please contact Tandem Diabetes Care at (877) 801-6901, or your distributor, to discuss the supply reorder process. If your insurance allows, it may be possible to set up automatic reorders. Since cartridges and infusion sets cannot be purchased at your local pharmacy, it is important to have a plan so you don't run out of supplies.

## HOW TO TURN YOUR PUMP OFF

- 1. Plug the pump's USB cable into a power source and connect it to the micro-USB port of the pump.
- 2. Press and hold the silver button (on top of the pump) for approximately 30 seconds.
- 3. The pump will beep three times and may beep or vibrate one or two additional times depending on settings.
- 4. Release the silver button. Disconnect the USB cable from the pump.
- 5. Confirm the pump is off when the screen does not illuminate when the silver button (on top of the pump) is pressed momentarily.



The information on the t:connect mobile app display may not be identical to the current status of your pump. Wireless uploads from the t:connect mobile app to the cloud-based t:connect web application require a compatible phone and an internet or wireless data connection. Uploads to the t:connect web application do not take place in real time and should not be relied upon by healthcare providers or caregivers for remote patient monitoring. Standard carrier data rates may apply.

#### **Important Safety Information:**

RX ONLY. The t:slim X2 insulin pump with interoperable technology is an alternate controller enabled (ACE) pump that is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in people requiring insulin. The pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. The pump is indicated for use in individuals six years of age and greater. The pump is intended for single patient, home use and requires a prescription. The pump is indicated for use with NovoLog or Humalog U-100 insulin. Users of the pump must: be willing and able to use the insulin pump and all other system components in accordance with their respective instructions for use; test blood glucose levels as recommended by their healthcare provider; demonstrate adequate carb-counting skills; maintain sufficient diabetes self-care skills; see healthcare provider(s) regularly; and have adequate vision and/or hearing to recognize all functions of the pump, including alerts. The t:slim X2 pump, and the CGM transmitter and sensor must be removed before MRI, CT, or diathermy treatment. Visit tandemdiabetes.com/safetyinfo for additional important safety information.

t:connect mobile app: The t:connect mobile app is intended to be a secondary display for compatible Tandem Diabetes Care® insulin pumps and is capable of wirelessly uploading pump data it receives into the t:connect web application. The t:connect mobile app is not intended to control an insulin pump and is not intended to be a replacement for the information displayed on your insulin pump. Dosing decisions should not be made based on the secondary display device. The user should follow instructions on the continuous glucose monitoring system and insulin pump. This secondary display device is not intended to replace self-monitoring practices as advised by a physician.

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