#### **DIABETES RESOURCE SHEET**

# Troubleshooting Your Glucose





## Hypoglycemia

Low glucose (hypoglycemia) occurs when there is too much insulin and not enough glucose in your blood. Some of the more common causes of hypoglycemia are increased or unexpected activity and overestimation of carbohydrate leading to a larger bolus than needed.

#### Diabetic ketoacidosis

Diabetic ketoacidosis occurs when there is not enough insulin available to help glucose enter the cells to be used for energy. Without glucose, fat is used for energy resulting in a waste product called ketones. If too many ketones accumulate, which can happen rapidly, the condition becomes very serious and medical attention is required.

## Hyperglycemia

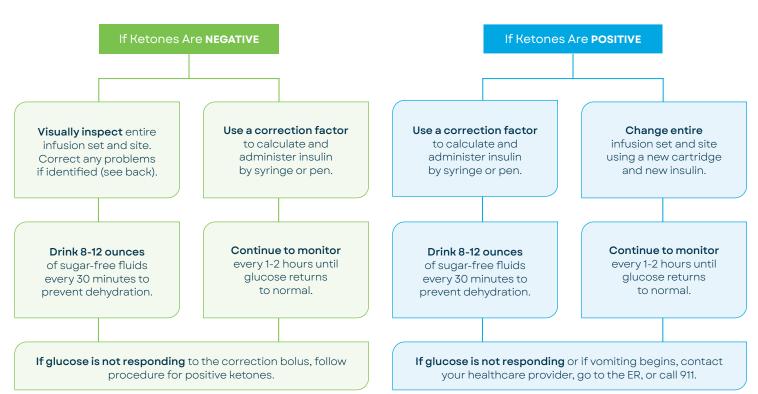
High glucose (hyperglycemia) occurs when there is too much glucose and not enough insulin in your blood. Stress, illness, medication, inactivity, and underestimation of carbohydrate leading to an inadequate bolus are all common causes of high glucose.

Symptoms of Diabetic Ketoacidosis		
Early Symptoms		
Thirst or dry mouth	High blood glucose	
Frequent urination	Ketones in urine	
Severe Symptoms		
Nausea and vomiting	Labored breathing	
Abdominal pain	Fruity breath odor	
Weakness or fatigue	Ketones	

## Treatment guidelines

If your glucose is above 250 mg/dL two times in a row and/or is not responding to a correction bolus, test for ketones, change entire infusion set and site, correct by injection with syringe or pen, and follow guidelines below.

When correcting for high glucose by syringe or pen, you can still track insulin on board (IOB) from your t:slim X2 insulin pump. Just follow the instructions included in the Pump Tip on the back of this flyer to access this feature.



## **Troubleshooting**

The chart below outlines possible causes that will need to be investigated when your glucose is not responding to treatment. If the problem continues or you do not find a solution, contact your healthcare provider (HCP).

▶ Pump Tip: To track IOB when dosing by injection, disconnect infusion set at site, deliver a bolus equal to the injection dose, and then reconnect.

Pos	ssible Issues	What to Check	If Yes
nd Site	Infusion set leaking at site	Wetness at site	Change infusion set at site and rotate site
	Set not changed within 2-3 days	Load history or site reminder	Change infusion set at site and rotate site
	Infection at site	Redness, swelling at site	Change infusion set at site and rotate site
	Crimped, dislodged, or clogged cannula	Infusion site	Change infusion set at site and rotate site
etal	Cannula placed in scar tissue	Infusion site	Change infusion set at site and rotate site
Infusion Set and Site	Air bubbles in tubing	Air bubbles or spaces in tubing	Detach tubing from site, fill tubing with insulin to push air out, and reattach tubing to site
Jul .	Tubing not filled when infusion set was last changed	Load history	Detach tubing from site, complete load sequence, and reattach tubing to site
	t:lock infusion set connector is loose from tubing	Tubing connection	Detach tubing from site, tighten t:lock connector, fill tubing with insulin to push air out, and reattach tubing at site
	Insulin expired, denatured, or exposed to extreme temperature	Insulin quality in vial or storage temperature	Discard insulin and cartridge, fill new cartridge with insulin, and change entire infusion set
	Insulin in cartridge longer than recommended	Load history	Discard insulin and cartridge, fill new cartridge with insulin, and change entire infusion set
Insulin Pump	Programming error (e.g., insulin dose settings and time/date)	Personal Profiles and time/date settings	Reprogram as necessary
Insul	Alarm sounded	Alarm history	Identify alarm and take action as outlined in your t:slim X2 insulin pump User Guide
	Battery dead	Battery icon	Charge battery
	Insulin pump is not controlling glucose	Discuss with your HCP	Contact HCP to discuss need for evaluation and adjustments to settings
Behaviors	Bolus error (missed, delivered after meal, or did not correct)	Bolus history	Bolus as needed to correct
	Life influences	Stress, medication, illness, or inactivity	Discuss action plan with your HCP

Important Safety Information: RX ONLY. The t:slim X2 insulin pump with interoperable technology is an alternate controller enabled (ACE) pump that is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in people requiring insulin. The pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. The pump is indicated for use in individuals six years of age and greater. The pump is intended for single patient, home use and requires a prescription. The pump is indicated for use with NovoLog or Humalog U-100 insulin. Users of the pump must: be willing and able to use the insulin pump and all other system components in accordance with their respective instructions for use; test blood glucose levels as recommended by their healthcare provider; demonstrate adequate carb-counting skills; maintain sufficient diabetes self-care skills; see healthcare provider(s) regularly; and have adequate vision and/or hearing to recognize all functions of the pump, including alerts. The t:slim X2 pump, and the CGM transmitter and sensor must be removed before MRI, CT, or diathermy treatment. Visit tandemdiabetes.com/safetyinfo for additional important safety information.

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